

TRICIA NEWSLETTER

TRI-CITY INDIA ASSOCIATION, INC.

(A not-for-profit organization)

P. O. BOX 12094

ALBANY, NEW YORK 12212-2094

WWW.TRICIANY.ORG

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TYO COORDINATOR

Sujata Chaudhry

President's Message

Dear Friends,

I am encouraged by your overwhelming support and enthusiasm at the Republic Day program and the Member Appreciation movie. We have made some progress in our efforts to make Tricia events more inclusive and are committed to do more.

Our premier event of the year, the 'Spring Festival' is coming up soon. Tricia Team is putting in many hours of hard work to make this event colorful and fun. As you know, this is the only event at which we raise funds to support other events all year. Many of you have already been asked by our marketing committee to contribute as Patrons or Sponsors. If we have missed you, please contact us. This is also a great opportunity to showcase your business, by placing an advertisement in the Spring Festival Brochure or by setting up a booth at the event. I thank you in advance for your generous support. Above all, please join us with your family and friends on June 8th.

Thanks to our sponsors, we are happy to present 'Kutcheri', a South Indian Classical Music Performance at **no charge** to all music lovers. Please join us on May 10th to enjoy.

Another item of interest is 'Basketball, Tennis and Table Tennis Tournament' in July/August. Winners will be recognized and presented with a Trophy at our Annual Picnic on August 17th. I urge you to sign up in large numbers and 'play ball'!!!

Jai Hind,

Haresh Bhatia



Tri-City India Association Presents.....



South Indian Classical Music Performance at
The Albany Hindu Temple
450 Albany Shaker Road, Loudonville, New York

Saturday, May 10, 2008 2-00 pm to 4.00 pm
Free Concert for All Music Lovers

Performance by Carnatic Music Artists Dr. Nirmala Sundararajan and Dr. Subhashini Parthasarathy visiting the U.S. for the Cleveland Aradhana Thyagaraja Festival, 2008.

Dr. Nirmala Sundararajan and Dr. Subhashini Parthasarathy, mother and daughter, are “A” grade Carnatic vocalists with doctorate degrees in Indian music. Both have been trained by illustrious gurus, Sangeeta Kala Acharya T. Mukta and Sangita Kalanidhi T. M. Thyagarajan.

Violin: Ravi Srinivasan and Mridangam: Ganesh Sankaranarayanan

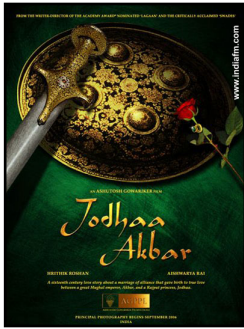
*** Sponsor: Haresh Bhatia, All State Insurance (518)346-8344**

*** Sponsor: Dr. N. Balasubramanian, Ellis Hospital (518)243-4000**

Contact: M.A. Waheed (894-0071), Dr. Gattu N. Rao (449-5391),
Chandra Sekhar, (209-1806) Vijayan Aroumougame(580-2878)



FEEDBACK FROM MEMBER APPRECIATION EVENT...



We like to thank TRICIA organizers and volunteers for hosting an exciting and flawless screening of the movie, Jodha Akbar. The movie selection,

venue selection, and the entire coordination was perfect.

The theatre provided true Indian movie watching experience unlike small, crowded multiplexes. The premises were very clean, spacious and the theatre had plenty of seats. The intermission snacks were very tasty.

Such blockbuster movies with mega stars are highly popular. TRICIA must coordinate such events more often. I am

confident that people will pay and come to enjoy.

Only flaw in the movie as pointed out by some ladies is that Hritik did not dance. I guess history did not support that Akbar used to dance. Rest was perfect.

Looking forward to watch more movies organized by TRICIA.

Sincerely,
Ravi and Deepa Tetambe

TRICIA Membership Renewals- Important update

In February, we sent a letter to all former TRICIA members who have not renewed their membership for 2008, and to those who were on our mailing list but were not members, and we asked you to renew your membership or become a new member. If you received this letter, and have not yet renewed your membership, please do so at your earliest convenience. The letter had enclosed a membership form and a return envelope. If you no longer have that, you can download the form from our web site (www.triciany.org), and mail it (with a membership check: \$20 for individual; \$30 for family; \$250 for lifetime membership) to the TRICIA mailing address, TRICIA, PO Box 12094, Albany, New York 12212.

Parties that do not renew their membership may be dropped from our database and will no longer receive this newsletter, as well as, other correspondence. They will also not receive the discounted membership prices at TRICIA events. **Please help TRICIA grow and remain a vibrant community resource by renewing your membership today!**



BENEFITS OF MEMBERSHIP? LET'S COUNT THE WAYS!

- Reduced admission to annual picnic and dinner
- Receive newsletter and email updates of latest events
- Provides opportunity to be involved in community, heritage and cultural activities



Republic Day Celebration

Our Republic Day function this year was celebrated with pomp, pride and performances to a packed audience at the Albany Hindu Cultural Center on January 26, 2008. The community rallied in unprecedented numbers with over 600 people occupying every available seat! There were some in a typical bhaitak style on the floor, some standing by the doors, all attendees in rapt attention. The program commenced with TRICIA President Haresh Bhatia welcoming the audience followed by an inspirational rendering of the American National Anthem by Miss Piyali Dutta. This was followed by another emotional expression of the Indian National Anthem by Jaya Sekhar, Alpa Amin, Anjana Tolpadi, Lakshmi Ravichandran, Seemanti Ramanath, Shashi Sharma, Sneh Chaudhry, Sreedevi Mandava and Sunanda Kumar. This event is a great confluence of sentiments between our land of birth and land of adoption.

This year's event included a novel recognition of TRICIA Seniors...Gurbux and Sheila Ajvani, Sukdev Raj and Sudesh Bajwa, Bimla Bedi, Usha Bhatia, M.V. K. and Padma Chari, Jatinder Niranjana Desai, Jagadish and Pushpa Garg, Sunanda Gokhale, A.B. Gouramma, Satya Pal

Gupta, Ajit S. Pannu, K.R. and Shanti Shankar, Bhuvan Sinha, J.S. and Pritam Uppal, Gurbachan and Davinder Wadhwa. Introduced by Kajal Lahiri all were conferred life membership. Paul Uppal did all the spadework on the project.

Talented choreographers from our community presented a variety of performances in colorful costumes with foot-tapping music. Shreya Nevatia, Shalini Nagraj and Rohini Ramanani launched Mangalam Ganesha under the direction of Angana Patel. Revathee Meiyapan played Vande Matram on violin and Taj Koslik spoke on the significance of Republic Day. Adrija Basu lined up an impressive show of Kar Salaam. Rashi Shamshabad was in her element with her Chakde India group and solo dance on Maa Tujhe Salaam. Vishvesh and Niveditha Obla performed the musical Gayathri. Urmi Samadar choreographed India Poised Anthem by Shankar-Loy-Ehsan. Renu Kallianpur captured the audience by her poetic composition. Vidya Subramanian brought in a Carnatic flavor through her Maitrim Bhajata Song. Chandra Sekhar directed a skit and Ratna Sarkar lined up the melodious Dheem To Dare Dani. Ramanath Ganapathiraman brought to life Jayati Jayati Bharat Maata. Bindiya Prasad brought the house down with her Des Rangila rendition.

Snacks from Swami-Narayan Mandir were truly appreciated. The Performance Committee was orchestrated by Paul Uppal, Baswa Shaker and Peter Thomas. The Organizing Committee consisted of Jassu Mehta, Uttam Saha, Chandra Sekhar, Nanoo Singh, Frank Poonawala and Ayaz Malik.

MC's Richa Taneja and Sana Khan, under Sujata Chaudhry's mentorship, received accolades for their upbeat, creative and enthusiastic handling of the microphone. Shyam Dubey ensured a flawless sound system. We look forward to future celebrations which build upon this successful event.

-- M.A. Waheed



UPCOMING EVENTS 2008- *MARK YOUR CALENDAR!*

***SOUTH INDIAN MUSIC CONCERT**

Saturday May 10th

***ANNUAL PICNIC**

Sunday August 17th

***SPRING FESTIVAL OF INDIA**

Sunday June 8th

***ANNUAL DINNER**

November, 2008



TRICIA Member Honored

Dr. Vijayan R. Aroumougame, MS, PhD, MBA, DABR, FACHE, a native of Pondicherry, India and resident of Albany, New York, was recently awarded Fellow (FACHE) status in the American College of Healthcare Executives (ACHE), an international professional society of more than 35,000 healthcare executives based in Chicago, Illinois, known for its prestigious credentialing and educational programs in healthcare.

ACHE, whose membership includes senior administrators and C-Level executives from some of the country's leading hospitals, healthcare systems and health organizations, recognized Dr. Aroumougame during the Convocation Ceremony on March 9th, 2008 held during the organization's 75th Annual Congress on Healthcare Leadership, which draws more than 4,000 participants each year. Fellow status is the highest level of professional achievement in ACHE. In fact, only 7,500 healthcare executives hold this distinction to date.

"ACHE Fellowship is more meaningful than ever before," says Brigadier General David A. Rubenstein, FACHE, Chairman of ACHE and Deputy Surgeon General-Army, Office of the Surgeon General, Arlington, VA. "At a time when corporate responsibility is challenged daily, our communities can believe in healthcare leaders who have earned the prestigious FACHE® credential." To obtain Fellow status, candidates must demonstrate their education, experience, and leadership in the healthcare field for several years in areas of patient care, research, teaching, clinical quality and community services.

In addition to his board certification in healthcare management, Dr. Aroumougame is also a Diplomate of American Board of Radiology (American Board of Medical Specialties), board certified in Radiation Oncology Physics. He serves on several committees in regional and national medical, scientific and healthcare societies, and is affiliated with Saratoga Hospital, Saratoga Springs, New York. Teamed up with many renowned physicians and healthcare executives in USA and abroad, he specializes in providing turnkey solutions for cancer care programs and international healthcare issues, ranging from design and development of facilities to implementation of specialty services in various clinical settings.

Dr. Vijayan Aroumougame lives in Delmar, NY with his wife Sarojini and daughter Vidhya. He and his family enjoy very much being a Life Member of TRI-CIA, and appreciate its dynamic, friendly and caring team of community leaders.



TYO (TRICIA YOUTH ORGANIZATION) FOR 6-12 GRADERS

TYO is the Tricia Youth Organization for students in grades six through twelve, whose families are TRICIA members. Currently, there are around 30 members and we meet every other month. We have accomplished and planned on doing many activities through the upcoming year.

We will be holding an essay competition in grade levels 6-8 and 9-12. The prize will be \$100 for each winner. There will be two essays selected; one from each grade range and it will be featured in the Spring Festival Brochure. The topic for grade levels 6-8 is: The traditional Indian culture is very different from the customs of the American culture. As members of the Indian youth community you are continuously assimilating yourself into the western culture. We have become accustomed to the slang language, clothing styles, foods, and habits that are accepted and encouraged in America. How have you, while still fitting into the American culture, remained in touch with your Indian roots and unique heritage? Provide specific examples. The topic for grades 9-12 is: As an Indian teenager living in America, what do you feel are the advantages/disadvantages of a bicultural upbringing? How do you feel it has shaped you as an individual and how will these lessons help you in the future? Provide specific examples and supporting detail. To submit an essay, e-mail Nafeesa Koslik at koslikny408@yahoo.com. The deadline for submission is May 26th. Winners will be announced at Spring Festival, June 8, 2008.

Recently, Anil Tolpadi held a math club on April 5th. This math club is an excellent academic opportunity for 6th-8th graders. You will be challenged with math problems. This club is free for all TRICIA members, and it will be offered again on May 3rd and June 7th at the Comfort Inn.

For the high school students, TYO is holding a seminar with Jill Rifkin, a college consultant. She has worked with many students in the area, and is an expert on college counseling and options.

This seminar will take place in early fall and is open to 8th graders and older. Parents are welcome. The exact date and place are yet to be announced.

TYO will also be working with many youth charity organizations in the near future. A baking event is planned to take place at the Ronald McDonald House at the end of April. TYO members will bake snacks for the children and their parents. To raise money for the Ronald McDonald House, TYO will be selling hearts at different price levels at Spring Festival. Show your support for TYO and donate to this charity. Also, we are looking forward to working with the Juvenile Diabetes Research Foundation. TYO is hoping to participate in a walk or bake sale with this charity.

In addition, the TYO members have fun together. On March 30th, the TYO members met at Latham bowl for a great afternoon. We are also planning many more activities, including a day at Funplex in the late summer!

TYO is a great group to develop leadership abilities of our youth and to meet new people in our community. Our next meeting will be on May 18th. To join TYO, e-mail Sujata Chaudhry at www.chaudhry@nycap.rr.com.

-- Shilpa Taneja and Sarika Sharma





THE 60+ GROUP

Background – Sixty Plus Group is an independent subsidiary of the Tri-City India Association (TRICIA). Since its inception its purpose was to address unique issues experienced by TRICIA Members of Indo-American origin, sixty years and older.

Objectives – Bring 60 years and older Indo-Americans together, benefit by sharing their life experiences; provide support to members in need, organize group entertainment program, optimize use of available senior citizen facilities, discuss interesting issues (religion, history, health problems & preventive measures, life in our adopted nation, our heritage etc.); coordinate community services & donations to charitable organizations in the Capital District.

Membership – We welcome all Indo-Americans of age sixty or older in this group. For a husband/wife team one of them must be sixty or older. To meet our expenses members pay \$ 40.00 per year (Husband & Wife) or \$ 20.00 per year per person as annual membership and pay for their dinner each month. Also we have a \$ 280.00 (Husband & Wife) or \$ 140.00 per year per member annual membership plan which includes cost of Buffet Dinners during the

calendar year. The fiscal year for this group is January through December.

Program – This group meets at the Royal India Restaurant, 519 Central Avenue, Albany, N.Y. 12206 (518-482-4555) on third Wednesday or Thursday of each month unless members decide to hold a given meeting on a different day/date. Members are informed about these meetings and other pertinent information via e-mail. Members, who do not yet have e-mail facilities, are sent newsletters and other information via USPS.

Future Meeting Dates in 2008 – May 21, June 18, July 12 (Saturday - Summer Picnic), August 20, September 17, October 15, November 12 and December 17. Dates listed here are tentative and may change due to conflict with Tricia and/or Hindu Temple Functions or if meeting room is not available including other unexpected problems.

Group officers – Sneha Chaudhry (President), Promila Agrawal (Treasurer) and Shyam Mohanka (Secretary).

For **further information**, please contact Shyam Mohanka (346-6055)

TRICIA member contribution:

DAAL PAKORAS

- 4 cups green split-peas (soaked overnight)
- 3 medium onions
- 1/4 cup ginger root
- 2 tablespoon lemon juice
- 3 hot peppers
- 1 cup chick-pea flour (besan)
- 1 1/2 cup pancake mix
- 1 teaspoon cumin seeds
- 2 1/2 teaspoon salt (or to taste)
- oil for frying

In a blender put soaked split-peas, onion, ginger root, lemon juice and hot peppers and grind to a smooth consistency. Add flour, pancake mix, salt and cumin seeds and mix to a thick batter.

Heat the oil and carefully drop one inch balls made from the batter. Deep fry at medium to high heat until golden brown. Serve hot with chutney.

....Rita Ajmera

TRICIA SUPPORT GROUP



From the desk of the Support Group Chair.....

As Chair of the TRICIA Support Group, I am pleased to report that the Support Group has been busy on its schedule of activities for 2008. We have held two well-attended seminars on very interesting issues. On March 26, a group of individuals who had completed a religious yatra to Mansarovar and Kailash presented a slide show and video on their journey and discussed their experiences. On April 23, we had an excellent presentation by Ms. Arlene Urell on the benefits of laughter in our lives. She demonstrated the many ways we can bring laughter into our



TRICIA member contribution.....

Autism Spectrum Disorder in Children

Few month's ago, a significant development took place in a conference of pediatricians in San-Francisco. American Pediatric Association presented the guidelines to the autistic spectrum. It was a long coming due step that would help children

everyday functioning.

Our next seminar will be held on Wednesday, June 25 at 7 pm at the Albany Marriott. A group from HSBC Bank, NRI Division, from New York will speak on investment opportunities in India, including financial markets, NRI bank accounts, real estate and other areas. We will post a flier on the TRICIA website on the details about the seminar. Please mark your calendars and plan to attend this useful presentation.

The Support Group members continue to be available to provide individualized and personalized assistance with medical and family issues, while

with autism

in their early stages since the symptoms are usually visible within the span of first three years.

There are several different factors that may lead to autism. These may include biological, chemical as well as genetic in nature. During the Last two to three years the prevalence of autism has increased considerably. The ratio could be as high as one in one hundred and fifty children born in the United States only. Even though, there is no one cause, the researchers are focusing on varied areas from

maintaining absolute confidentiality, for our Indian community. We have assisted in issues and incidents dealing with physical abuse, spousal relationships, child custody disputes and medical problems. The Support Group team is dedicated to performing selfless service to benefit anyone in such matters, and we have knowledge and expertise to help. If you or someone you know would benefit from such assistance, please contact me anytime.

Please visit our Support Group link on the TRICIA Web site, www.triciany.org to learn more about our programs.

Dr. Paul Uppal Tel: 453-6367

vaccination, digestive system,

nutrition to genetic abnormalities. They are making some headway to understand this condition.

Five major areas are affected in the condition of autistic spectrum. Observing children and asking related questions in following areas would give some framework to parents who may feel need to know more about this condition. Also knowing normal milestones in infants and child's growth will be important information new parents need to have.

Continued on Page 9



Autism continued....

1. Communication: Is the child babbling? Does he/she respond to his/her name when called? (Turning head, looking at the direction of the sound, smiling may be some of the responses.) Does he/she points to objects? Is he losing the words he knew before?
2. Social skills and Interaction: Does he/she smile meaningfully as a response? Does he/she look aloof from other people and situations? Does he/she play interactive games like peek-a-boo?
3. Play: Does he/she play with toys appropriately? (pushing a toy car, cause and effect toys), Pretend games (putting doll to bed, pretend cooking)
4. Behaviors: Does he/she have self stimulating behaviors? (Flapping hands, arms, pulling own hair, making the repetitive unusual sounds?) Does he/she have too many temper tantrums? Does he/she become upset with change in routine?
5. Sensory Issues: Is he/she hyperactive, hypoactive? Does he/she cry when held close in the arms? Is hugging painful to a child? Does he startle by

big sounds? Does he/she tend to eat certain kind and texture of food?

If parents observe any of these signs, they should discuss the symptoms with their pediatricians who are now equipped to do more testing. As a result, if autism is suspected, other specialists should be included in evaluation immediately. Speech and language therapist, occupational therapist and psychologist need to evaluate their own areas of expertise.

Once the evaluation and diagnosis is completed, the focus of services has to be transferred to speech and language therapists, Occupational therapists, Special Educators, Music therapists and Social workers. Social workers can be very helpful as a resource for information, play therapy and a support to parents. It is extremely important that the parents work with these professional as closely as possible. Team work is required and crucial to treat a child with autism. In order to create an adequate treatment plan following factors should be considered.

1. An early, intensive intervention
2. Support of a social worker
3. All specialists working together as a team (Occupational therapist, speech and language therapist, Behavior therapist, social worker and parents)

4. Parents' involvement
5. Applied Behavior Analysis
6. Individualized program based on the child's interests and needs

Autism can be treated and there is hope for families whose children are diagnosed with autism spectrum disorder.

The writer of this article is working in the field of autism for more than thirty years and has educational background in social work, special education and Psychology. Recently, she has published the book on autism which is concise and easy to read style which covers emotions of family members and professionals. The book also gives practical suggestions to teach the skills to children with autism.

Title: Children with Autism and their Allies in Action: Who are they? What do they think? How do they help?

Author: Suman S Joshi,
sumanalpine@yahoo.com
 Book is available



TRI-CITY INDIA ASSOCIATION, INC.
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P. O. Box 12094
Albany, New York 12212-2094

2008 SPRING FESTIVAL BROCHURE ADVERTISING
Empire State Plaza Convention Center, Albany, NY.
Sunday, June 8, 2008-12.00 noon to 5.00 pm
www.triciany.org

Company/Organization Name: _____
Address: _____
Contact Person:
Last Name: _____ First name: _____
Title: _____
Phone No: _____ Email: _____

ADVERTISING CATEGORIES:

Please check the appropriate box

- \$750, Back Cover Ad (7 X 10) plus 6 complimentary tickets
- \$500, Inside Front Cover Ad (7 X 10) plus 4 complimentary tickets
- \$500, Inside Back Cover Ad (7X10) plus 4 complimentary tickets
- \$250, Full Page Ad (7 X 10) plus 4 complimentary tickets
- \$150, Half Page Ad (7 X 4 ½) plus 4 complimentary tickets
- \$75, Quarter Page Ad (3 ½ X 4 ½) plus 2 complimentary ticket

You may also contribute as a:

- Patron \$250, 4 complimentary tickets
- Sponsor \$100, 2 complimentary tickets
- Well Wisher \$50, 2 complimentary tickets

Please Note:

1. All ads must be camera ready. Color ads for Back and Inside Covers cost \$250 extra.
2. All ads and sponsorships must be submitted with payment by May 14, 2008.
3. Placement of ads in the brochure will be on a first come first basis.

For further information please contact:

M.A. Waheed (894-0071), Renu Kallianpur (210-5865), Kajal Lahiri (442-4758), Gattu Rao (449-5391), Sudhir Kulkarni (783-7179), Tony Rametra (496-0009), Guryam Singh (225-1516), Uttam Saha (914-414-1535) and Frank Poonawala (456-8877) Hari Kabra (522-6310), Peter Thomas (330-2369) and Vijayan Aroumougame (580-2878).

Mail Application and a check in favor of Tri City India Association to: M.A. Waheed, 27 Shelburne Ct., Niskayuna, NY 12309. Ads can also be emailed to waheed48@yahoo.com.

No ads will be published unless accompanied by payment.



TRICIA Annual Picnic 2008 Basketball, Tennis and Table Tennis Tournaments

TRICIA is holding its annual tournaments for the above games.

	Basketball	Tennis	Table Tennis
Date	August 2 nd , 2008 5:30pm to 7:30pm [Rain date TBA]	August 2 nd , 2008 8:30am to 12 noon [Rain date TBA]	July 19th, 2008 10am to 12 noon
Venue	Latham Ridge School, Latham, NY	Shaker Junior High School, Latham, NY	RPI, Troy, NY
Event Co-ordinators	Arvind Goswami Ph – 785-9237 Cell- 221-8027 & Nayan Gosai Ph – 434-0969	Parag Amin Ph – 783-9719 & Sanjay Shah Ph – 237-0424	Samir Ahuja Ph – 371-0911 Arvind Goswami Ph – 785-9237

- Please contact the above event coordinators for details.
- Events Dates may change upon weather condition so please call in advance.
- Refreshment will be served.
- There is a non-refundable registration fee of **\$5.00 per entry/game**.
- Register for each game separately, if you wish to participate in more than one game.
- You can register by mail or you can pre-register by calling the event coordinators.

Please fill the following entry form and mail it with \$5 check payable to TRICIA to:

Tricia PO Box 12094, Albany, NY, 12212, or call and hand it to the coordinator



REGISTRATION FORM

Name: _____

Phone: _____ (Home) _____ (Work)

Basketball

Tennis

Table Tennis

Men (14 & above)

Women (14 & above)

Boys (Under 14)

Girls (Under 14)

Please circle one game and one category you wish to enter.

Tournament will not be conducted if there are less than three participants.

Waiver: I am entering this tournament with the understanding and will not hold the sponsor, the park department, schools or TRICIA responsible for any lost item or injuries that might occur during my participation in this event.

Signature: _____ Date: _____

Signature of a parent, if minor: _____



Indian Dances
Music
Delicious Food
Clothes
Jewelry

General Admission: \$6
Presale: \$5
Children Under 5: Free

TRICITY INDIA ASSOCIATION
presents

Spring Festival Of India

Sunday, June 8th, 2008
12:00 to 5:00 pm

Empire State Plaza Convention Center,
Albany, New York

For more information contact:

Haresh Bhatia - 346-8344 Paul Uppal - 453-6367 M.A.Waheed - 894-0071
Peter Thomas - 330-2369 Renu Kallianpur - 783-0461 Kajal Lahiri - 442-4758



PRE-SALE OF SPRING FESTIVAL TICKETS

**BUY EARLY AND
SAVE \$ 1.00**

Spring Festival Tickets will be available at the following locations until Sunday May 31, 2008 at \$5.00 each(Pre-sale cost).

*After May 31, 2008 ticket will cost \$6.00 each.
Free admission to Children under 5*

Locations:

India Bazaar, 1321 Central Avenue, Albany
Karavalli Restaurant, 9 B Johnson Road, Latham
Zaika Restaurant, 54 Clifton Country Road, Clifton Park
Halal Super Market, 700 New Loudon Rd, Rt 9, Latham
Cheese Bakery & Grocery, 1007 State Street, Schenectady

If you would like to receive your tickets via mail, please give us a call or mail your check to the following address on or before May 28, 2008.

Please make check payable to: TRICIA
Mail your check to : TRICIA, P.O. BOX 12094, ALBANY, NY 12212

Haresh Bhatia: 878 8384 - Paul Uppal: 453 6367
M.A. Waheed: 894 0071 - Peter Thomas: 489 3190
Renu Kallianpur: 210 5865

Feedback....



We are continuing to add new features to the newsletter to bring TRICIA members information of interest to our community.

Article submissions from members on community topics for future issues are welcome!

Please contact TRICIA President Haresh Bhatia or the newsletter editor Nita Chicatelli with information for future newsletters which are printed quarterly. The next newsletter will be issued August, 2008.

Upcoming Events 2008

SOUTH INDIAN MUSIC
CONCERT

Saturday May 10th

SPRING FESTIVAL OF
INDIA

Sunday June 8th

ANNUAL PICNIC

Sunday August 17th

ANNUAL DINNER

November, 2008

Tri-City India Association

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